



I would like to invite you to the *Create, Or Be Created* workshop in Brighton on August 6th 2008, to experience Jonathan Kay's unique Fooling Technique. A master in his field, Jonathan is nationally and internationally renowned.

Jonathan enables you to examine the roles you play in the outside world and how that affects your inner world, exploring archetypes and the way you act. His work is inspiring, insightful and extremely entertaining, with powerful personal and business applications.

"It is a Fool's prerogative to utter truths that no one else will speak"

Jonathan Kay directs and leads The Nomadic Academy of Fools and the Attic Theatre Company. He has spent over 35 years running this independent touring theatre company as well as successful workshops and seminars. There is something timeless about his work. It feels familiar and yet like nothing you have ever experienced before. Jonathan's workshops and shows are not only hilariously funny but they are also revelatory and invigorating. He leads you down the path of the Fool, creating a space of infinite possibilities, where secrets are revealed and inhibitions unlocked. He has taken the concept of the Fool into areas of conflict such as Bosnia with astonishing results. His work helps people free up their minds, find inspiration and choose their lives.



Create or be created!

The workshop aims to unlock your inner vitality and energy so that you can work in a more free, productive and creative way. As it is very specialised, there is no agenda - each workshop runs differently dependent on the participants who attend; I hope you can be one of them!

"I want you to leave having laughed a lot and having experienced something original." Jonathan Kay

For further information about JK visit: www.jonathankay.co.uk

There is a nominal charge of £50 for the workshop, however there are limited spaces, so be sure to book early and send your confirmation email to: shaunyoung@excellerate.org

The workshop will take place at:

Joobleberry Playhouse, 14 - 17 Manchester Street, Brighton, BN2 1TF

Warm regards,

Shaun Young

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